



Back Health and Safety for Farmers and Ranchers

WHEN: SATURDAY AUGUST 29, 2020

WHERE: ZOOM ONLINE WEBINAR

TIME: 9AM to NOON

Who should attend? Health professionals, assistive technologists, vocational rehabilitation counselors, students, farmers and ranchers. and extension professionals (2.75 hours of CEUs have been requested for occupational therapy professionals)

Learning Objectives:

- ◇ Identify risk factors for and common causes of back injuries while working in agriculture
- ◇ Demonstrate strategies and techniques used for back injury prevention, including safety precautions
- ◇ Discuss how accommodations, modifications, and adaptive equipment may play a role in maintaining back health (before and after injury) and preventing reinjury
- ◇ Describe different methods of pain management for a back injury
- ◇ Analyze work activities and the work environment to create strategies to maintain or improve back health and prevent back injury

Presenters: Carla Wilhite, OTD, OTR/L, FAOTA; Tim Dionne, PhD, OTR/L, Sandra Chapman (OTS), Shelby Jones (OTS), Derek Montoya (OTS), Sandia Wood (OTS)

To Register: <https://www.eventbrite.com/o/unm-division-of-ot-and-nmtap-30897280521>

This webinar is a collaboration of New Mexico State University, University of New Mexico, New Mexico Technology Assistance Program, and Mandy's Farm