

LIST OF MOBILE ANDROID APPS

Prices listed with a plus sign (+) mean in app purchases are available

Prices listed with an asterisk (*) means subscriptions are available but not required to use

Speech Communication

Picture-based communication



CoughDrop AAC	Requires Android Software: 4.4 and up	A simple communication app that includes starter boards and different levels of communication. Can be customized with user provided images or camera photos and recorded speech.
FREE*	Also Available for Apple	



Alexicom AAC for Android	Requires Android Software: 4.0 and up	A free AAC app that features in-app page creation and the ability to import photos from device. Compatible with variety of Bluetooth switches.
FREE	Also Available for Apple	



Avaz AAC – Lifetime Edition	Requires Android Software: 5.0 and up	An easy to use and customizable speech communication app for both children and adults. Can easily move between picture mode and keyboard mode. Can also access a remote therapist using Avaz Live which is built into the app..
\$199.99+	Also Available for Apple	



LetMeTalk	Requires Android Software: 4.0.3 and up	An AAC app that can switch between 2 languages, unlimited customization, can save profiles and does not require internet access.
FREE+		



JABtalk	Requires Android Software: 4.0.3 and up	An easy AAC app that for both children and adults. Users can start a communication board from scratch, rearrange and resize pictures as well as import pictures from the camera, memory card, or internet.
FREE		



I Can Communicate! AAC FREE	Requires Android Software: 4.1 and up	An AAC app that has options to type messages or utilize pre-programmed buttons. Can toggle between English and Spanish.
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Niki Talk FREE	Requires Android Software: Varies with device Also Available for Apple	A simple AAC app that features up to 31 languages and 70 different voices. Capable of creating boards and uploading images.
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Text-based communication



Tell Me – Text to Speech FREE+	Requires Android Software: 4.0.3 and up	An app that reads text you type. Can adjust pitch, speed, colors, and voices. Can also save files as a notification tone.
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Text to Speech (TTS) FREE+	Requires Android Software: Varies with device	A simple app that converts text to speech. User types directly what they would like to communicate. Text can be saved for later.
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Speech Assistant AAC FREE+	Requires Android Software: 5.0 and up	A text only AAC app that is fully customizable. 8 categories are available for this free version. User can show messages full screen, can connect a Bluetooth keyboard, and create shortcut functions to be accessed with the keyboard.
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Vision



TapTapSee FREE+	Requires Android Software: 4.0 and up Also Available for Apple	An app that is designed to assist the blind or visually impaired identify everyday objects. User can take a picture or video of object and speak identification back to user.
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Visor – Low Vision Magnifier	Requires Android Software: 4.0 and up	A magnification app that has 3 different magnification levels and 5 different color contrast modes. Can turn on the LED flash on the device to assist with low-light. Supports TalkBack.
FREE	Also Available for Apple	



Be My Eyes – Helping the Blind	Requires Android Software: 5.0 and up	An app for blind or visually impaired individuals that will connect them with a volunteer to assist them with anything from describing their surroundings or reading labels.
FREE	Also Available for Apple	



Blind-Droid Wallet	Requires Android Software: 4.1 and up	An app that is designed to assist the blind or visually impaired user identify currency. Works with Voice Assistant and does not need internet connection.
FREE		



KNFB Reader	Requires Android Software: 5.0 and up	A scanning app that reads documents including menus, bills, documents, mail and PDF files. Has the ability to scan multiple pages.
\$99.99	Also Available for Apple	



Vital	Requires Android Software: 4.1 and up	An app that promotes accessible learning for blind and visually impaired students. Educators can use Vital to create learning content with multisensory touch, sound effects, and text-to-speech.
FREE		



BrailleBuzz	Requires Android Software: 6.0 and up	An app that introduces braille and identifying braille letters. It was designed especially for APH's Chameleon 20™ and Braille Trail Reader LE™ refreshable braille displays. It also works with any connected display.
FREE	Also Available for Apple	



Aipoly Vision	Requires Android Software: 5.1 and up	An app that is both an object and color recognizer. Designed to help blind and visually impaired individuals. User will point the device's camera at an object and then hear what it is.
FREE+		



NaviLens FREE	Requires Android Software: 5.0 and up Also Available for Apple	This app uses your devices camera to identify NaviLens labels/codes in the environment. The app will then read aloud information associated with the label. Users can receive blank labels/codes to customize at home, work, or wherever they are needed.
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Hearing



Ava: Best Live Captions FREE+	Requires Android Software: 5.0 and up Also Available for Apple	An instant captioning app that can transcribe with 90% accuracy within 1 meter or the user can invite others in for a group conversation with an invite link. As others join the users' conversation with Ava they will appear color coded to help differentiate the speakers.
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Visual Hearing Aid FREE+	Requires Android Software: 5.0 and up	A simple app for hearing impaired individuals. Uses speech to text to assist in communicating.
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ASL American Sign Language FREE+	Requires Android Software: 5.0 and up	An application that can assist the user in learning ASL. It includes the alphabet, numbers, and 100 basic signs with video.
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Live Transcribe FREE	Requires Android Software: 5.0 and up	An app that uses Google's state-of-the-art automatic speech recognition technology. Displays spoken text on the screen, can respond by typing on screen, and can enable a shortcut that is accessible on any page.
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Parent Advocacy: D/HH FREE	Requires Android Software: 4.0 and up Also Available for Apple	An app designed specifically for parents and caregivers of school-age children who are deaf and hard of hearing. App includes important messages, legal rights, strategies for advocating, resources, and checklists for IEP's, 504, and other meetings.
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Petralex Hearing Aid	Requires Android Software: 5.0 and up	An app that adjusts sound to your hearing specifics. Built in hearing test and has a 4-week adaptive course for getting used to the hearing aid.
FREE+	Also Available for Apple	



Tunity: Hear any muted TV	Requires Android Software: 5.0 and up	Tunity allows the user to hear live TV from their phone, headphones, or Bluetooth speaker. Users use their camera to scan the TV and will bring up a Quick Tune list of stations to sync with. Note: the app only supports live TV and not online content like YouTube or other streaming services.
FREE+	Also Available for Apple	



Skype	Requires Android Software: Varies with device	A video messaging app that allows users to call up to 24 people. Chat feature and voice calls available. Skype to Skype calls are free. Users can turn on auto-captioning for video calls.
FREE+*	Also Available for Apple	



Rogervoice	Requires Android Software: 5.0 and up	Rogervoice uses automatic speech recognition and speech synthesis to caption phone calls. All calls made to another Rogervoice user are free.
FREE+*	Also Available for Android	



CaptionCall Mobile	Requires Android Software: 5.0 and up User must have a recognized hearing disability and provide Professional Certification of hearing loss.	An app that allows the user to make and received captioned telephone calls from your iPad. User can adjust font size, save conversations, and have captioned voicemail.
FREE	Also Available for Apple	



InnoCaption	Requires Android Software: 4.4 and up User must have a recognized hearing disability and provide Professional Certification of hearing loss.	An app that allows the user to make and received captioned telephone calls. Users can choose between captioning from live stenographers or automated speech recognition (ASR) software. Can view and email past call transcripts, voicemail with captions, and make 911 calls with captions.
FREE	Also Available for Apple	



ntouch	Requires Android Software: 5.0 and up User must have a recognized hearing disability and provide Professional Certification of hearing loss. Also Available for Apple	An app that provides Video Relay Service for mobile sign language communication.
FREE		



P3 Mobile	Requires Android Software: 4.1 and up User must have a recognized hearing disability and provide Professional Certification of hearing loss. Also Available for Android	An app that provides Video Relay Service for mobile sign language communication. App also includes text chat and allows users to block unwanted calls.
FREE		

Education Support



Khan Academy	Requires Android Software: 5.0 and up	Khan Academy is a learning library that is available to all users for free. It has a wide variety of lessons for grades 2nd and up.
FREE	Also Available for Apple	



Microsoft Math Solver	Requires Android Software: 5.0 and up	A math app that provides free step-by-step instructions for solving math problems. Users can scan the problem with the device's camera, write in the app, or import the problems. It can be used for simple arithmetic to advanced algebra and calculus.
FREE	Also Available for Apple	



Photomath	Requires Android Software: Varies with device	Using the devices camera users can take a picture of their math problem and be given step-by-step solutions. The app covers basic math, algebra, geometry, trigonometry, calculus, and statistics.
FREE+	Also Available for Apple	

Learning Disabilities and Executive Functioning

Notetaking apps



Google Keep	Requires Android Software: Varies with device	A productivity and note keeping tool that holds notes, lists, links, pictures, and drawings that can set reminders, labels, and is searchable.
FREE	Also Available for Apple	



Microsoft OneNote	Requires Android Software: 6.0 and up	A notetaking app that allows the user to create different notebooks, sections, and pages to keep notes, pictures, or drawings. Can add tags, create checklists, and search notes. Includes Immersive Reader to allow for text-to-speech.
FREE*	Also Available for Apple	



Notetalker	Requires Android Software: 4.4 and up	An audio recording app that allows you to bookmark recordings as well as take pictures to assist the user in notetaking.
\$0.99	Also Available for Apple	



Simplenote	Requires Android Software: 6.0 and up	A simple notetaking app to make notes and lists. Notes are searchable and can be tagged for quick reference.
FREE	Also Available for Apple	



Notebook	Requires Android Software: 5.0 and up	A notetaking app that allows the user to take notes, add images, create checklists, audio notes, or sketches. Notes can be organized into individual notebooks, grouped together, and tagged. Can set reminders and share notes.
FREE	Also Available for Apple	



Squid	Requires Android Software: 4.1 and up	A notetaking app that allows the user to take handwritten notes. Paper can be customized for users' needs (lines, graph, or colored), starred for importance, and organized into notebooks. Can easily import and mark up PDF's.
FREE+		



AudioNote Lite FREE+	Requires Android Software: 2.1 and up	An app designed to sync audio and recorded notes. Each note is time stamped and highlights notes during playback. The lite version allows up to 5 minutes of free recording.
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ColorNote Notepad Notes FREE	Requires Android Software: Varies with device	A simple notepad app for writing notes, memos, create shopping lists, and to-do lists. Can organize by color, they are searchable, and can set reminders.
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Livescribe+ FREE	Requires Android Software: 5.0 and up <i>Also Available for Apple</i>	An app that is designed to be used with the Livescribe 3 and Aegir series smartpens which allows the user to sync what is written.
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Apps for Literacy



Microsoft Lens FREE	Requires Android Software: 7.0 and up <i>Also Available for Apple</i>	A scanning app that can save and organize digital copies of printed documents, business cards, posters, or blackboards. Provides Text-To-Speech and translation with Immersive Reader. (Immersive Reader only available on some Android devices)
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Speechify (Beta) FREE+	Requires Android Software: Varies with device <i>Also Available for Apple</i>	A simple text-to-speech app that allows you to upload documents, import website links, or copy text into the app. Can also have emails from Gmail read through the app.
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T2S: Text to Voice – Read Aloud FREE+	Requires Android Software: 5.1 and up	A text-to-speech app that allows the user to create or open text files to be read aloud. App provides a built-in browser tool that will read highlighted text.
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Smart Lens	Requires Android Software: 5.0 and up	A scanning app that uses OCR to convert image to text. Can scan and translate documents, detect phone numbers/emails, and provide text-to-speech.
FREE+		



Text Fairy	Requires Android Software: 5.0 and up	A scanning app that uses OCR to convert image to text. Can edit text, copies to the clipboard, and recognizes over 50 languages. Collaborates with Google Translate to translate text to another language.
FREE+		



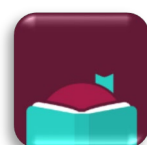
Moon+ Reader Pro	Requires Android Software: Varies with device	A book reader app that provides text-to-speech. Supports PDF documents, customizable reader bar functions, and allows annotations, highlighting, and bookmarks.
\$6.99		



Dolphin EasyReader	Requires Android Software: 5.0 and up	An accessible reading app for people with dyslexia, low vision, or blindness. Can download from book and newspaper libraries or copy and paste text from anywhere to be aloud.
FREE+		



OverDrive: eBooks & audiobooks	Requires Android Software: 5.0 and up	App that links up with your local libraries to check out eBooks and audiobooks. Can adjust reading settings of eBooks including changing font, theme, and text size.
FREE	Also Available for Apple	



Libby, by OverDrive	Requires Android Software: 5.0 and up	App that links up with your local libraries to check out eBooks and audiobooks. Can adjust reading settings of eBooks including changing font, theme, and text size.
FREE	Also Available for Apple	



MDA Avaz Reader for Dyslexia	Requires Android Software: 5.0 and up	An app with multiple features to assist reading including OCR to translate Text-To-Speech. Enables finger reading, allows for plain-text view, line-by-line reading, hints to encourage reading, and a build tool.
FREE+	Also Available for Apple	



Grammarly Keyboard	Requires Android Software: 5.0 and up	An app that assists users in checking spelling, grammar, punctuation, and vocabulary. Keyboard integrates smoothly with all apps and provides explanations for corrections to help you understand the mistakes.
FREE+*	Also Available for Apple	

Audio Recording & Transcribing apps



Otter Voice Meeting Notes	Requires Android Software: 5.0 and up	An app that can record and transcribe audio in real time. It automatically applies punctuation, capitalization, and highlights key points. Has the ability to search, differentiate different speakers, and provides 600 free minutes a month of recording.
FREE+	Also Available for Apple	



Temi – Recorder and Transcriber	Requires Android Software: 4.1 and up	An audio transcribing app that uses built-in speech recognition engine. The app provides real-time live voice-to-text as you record. Transcripts are searchable.
FREE	Also Available for Apple	

Scheduling apps



School Planner	Requires Android Software: 4.1 and up	An app for students of all ages to help organize and keep track of schoolwork and schedule. Can assign colors to subjects and tasks, save teachers contact information, record lectures, set notifications and reminders for homework and exams.
FREE+		



VAST – Visual Aids and Sensory Timetables	Requires Android Software: 6.0 and up	This app uses visual cards and timetables to create routines that are easy to follow and manage. The app has no ads and is fully functional offline.
FREE		



Fun Routine – Visual Schedules	Requires Android Software: 5.0 and up	A scheduling and routine app specifically designed for children with Autism to assist with completing daily chores, tasks, and routines.
FREE+		



First Then	Requires Android Software: 4.0.3 and up	A very simple visual schedule app. It focuses on one task at a time. User can upload pictures to customize the task and save the task for reference later. App also has a built-in timer.
FREE		



Visual Schedule & Social Story	Requires Android Software: 4.1 and up	This app provides visual support for completing tasks and appropriate behaviors at home, school, or in the community. Users can create new schedules using templates or your own pictures within the app.
FREE+	Also Available for Apple	

Time Tracking apps



Sectograph	Requires Android Software: Varies with device	An app that works in conjunction with Google calendar to give a visual dial of events and tasks for the day. Can add a widget to the home screen and works with Android Smartwatch.
FREE+		



Multi Timer Stopwatch	Requires Android Software: 4.4 and up	A basic timer and stopwatch app that allows the user to set multiple timers and stopwatches at one. Can create multiple boards of timers, customize lengths, tones for alerting, or be alerted by text-to-speech.
FREE+		



Focus To-Do Focus Timer&Tasks	Requires Android Software: 5.0 and up	A timer and task management app that combines the Pomodoro Technique and To Do Lists. App allows user to set tasks, recurring tasks, subtasks, reminders, and task priorities. User can also customize pomodoro timer/break lengths and tones for alerts.
FREE+*	Also Available for Apple	



Toggl Track – Time Tracking & Work Hours Log	Requires Android Software: 5.0 and up	A productivity app designed to help users track where they are spending their time. Can integrate tasks with calendar, use Siri to add or update tasks, and customize entries with project labels and tags. Can produce summary reports.
FREE	Also Available for Apple	



aTimeLogger - Time Tracker	Requires Android Software: 4.2 and up	A simple, easy to use time tracking app. Can customize with themes, colors, and icons. Ability to set goals and view reports with diagrams and graphs. Can use with widget or Siri shortcuts.
FREE+	Also Available for Apple	



Lanes: Todo List app and timer	Requires Android Software: 4.2 and up	A productivity app that includes a to-do list and Pomodoro timer. User can create custom projects, tags, and labels. Can also save articles and videos within the app and view reports.
FREE		



Do Now – Focused Timeboxing	Requires Android Software: 4.0 and up	A simple-to-use basic to do app. Can set planned and unplanned tasks as well as setting up routines.
FREE+		

Task apps



Tasks: Todo list, Task List, Reminder	Requires Android Software: 4.1 and up	A simple task list/to do app to help users organize their daily lives. Can customize lists by color, dark and light themes available, and the ability to add a widget to the home screen.
FREE+		



Remember the Milk	Requires Android Software: 4.1 and up	A smart to-do app that allows you to set tasks and get reminded via email, text, IM, Twitter, or mobile notification. Ability to search tasks and notes. Integrates with Gmail, Google Calendar, Twitter, Evernote and more.
FREE*	Also Available for Apple	



Trello	Requires Android Software: Varies with device	An organization app that uses simple and customizable boards, lists, and cards to get things done. Can turn on notifications and assign or collaborate on boards or lists.
FREE*	Also Available for Apple	

Daily Living

Automation



IFTTT FREE+	Requires Android Software: Varies with device <i>Also Available for Apple</i>	An automation app that works with over 600 apps. Uses “recipes” to control, alert, back up, and even post to social media without you needing to do so manually.
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Medication Tracking



Mango Health FREE	Requires Android Software: 5.0 and up <i>Also Available for Apple</i>	A habit tracking app to help simplify and reward the user’s daily routine. Can set reminders for medications, healthy habits, and your mood. Gives points for keeping up with daily habits. Can also set up a caregiver profile to monitor medications and reminders.
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Pill Reminder – Medication Tracker with Alarm FREE+	Requires Android Software: 4.1 and up <i>Also Available for Apple</i>	A customizable medication and appointment reminder app – all in one place. Can add medications from the FDA Drug Database for easy entry, view medications and appointments in the calendar view, and set reminders in a variety of ways needed for the user.
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Medisafe Medication Management FREE+	Requires Android Software: 5.0 and up <i>Also Available for Apple</i>	A medication tracking app that provides an easy-to-read schedule of medications and when to take them. Can set alarms, reminders for refills, keep a diary of symptoms, appointments, and doctors all within the app.
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Max - Pill Reminder FREE	Requires Android Software: 7.0 and up <i>Also Available for Apple</i>	A simple medication reminder app. Set notification up by daily, specific days, day intervals or based on menstrual cycle. Sends push notification reminders. If there is no response to the push notification the user will be notified by a reminder phone call.
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Habit Tracking



Habit Tracker FREE+	Requires Android Software: 4.0 and up Also Available for Apple	Formerly known as HabitBull. An app to help the user keep track of day-to-day habits and routines. Habits are fully customizable, easy to track, and provides inspiring quotes to help stay motivated.
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Habitica: Gamify Your Tasks FREE+	Requires Android Software: 5.0 and up Also Available for Apple	A habit tracking and To Do app that uses gaming features for users to stay motivated and organized. User creates an avatar that can level up and unlock features such as armor or pets by completing tasks and working on healthy habits.
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Calendar apps



Google Calendar FREE	Requires Android Software: Varies with device Also Available for Apple	A calendar application that can add events as well as To-dos and Goals. Can sync with other calendars including iCloud and Google Classroom.
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Cozi Family Organizer FREE+*	Requires Android Software: 4.1 and up Also Available for Apple	A shared calendar and lists app that allows you to keep track of every family members schedule. Also has a recipe box to keep and organize all your recipes.
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Apps for Budgeting and Money Skills



Goodbudget: Budget & Finance FREE+*	Requires Android Software: 5.0 and up Also Available for Apple	A personal finance app that utilizes the “envelope method” budgeting a set amount of money each month/year. Income and expenses are entered manually. 10 regular envelopes and 10 annual envelopes available for free version.
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Life Budget – Personal Finance & Money Management FREE*	Requires Android Software: 4.0 and up Also Available for Apple	A simple expense tracking app to assist with money management. Users must enter expenses and income in manually.
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Mint: Personal Finance & Money	Requires Android Software: 6.0 and up	Mint allows users to sync their bank accounts with the app for easier income and expense tracking. Users can set budgets, bill due dates, receive financial advice, and a free credit score all from within the app.
FREE+	Also Available for Apple	

Assist with Focus apps



White Noise Lite	Requires Android Software: 5.0 and up	An app that offers a range of sounds to help the user keep focus, relax, or fall asleep. Has over 40 looped sounds to choose from, can mix different sounds to create your own customized soundscape, and can set alarms or timers.
FREE	Also Available for Apple	



Dreampad Sleep	Requires Android Software: 4.1 and up	Designed to be used with a Dreampad Pillow, the app plays relaxing music to induce relaxation and sleep. The Dreampad pillow is not needed to utilize the sounds and music but for best results it is recommended with the pillow.
FREE	Also Available for Apple	



Sensory Electra	Requires Android Software: 4.1 and up	A simple stimulating app for all ages. Responds to taps and up to 3 finger movements.
FREE	Also Available for Apple	



A Soft Murmur	Requires Android Software: 3.0 and up	A simple background noise app that allows the user to mix several different sounds together for perfect productivity or sleep.
FREE+	Also Available for Apple	



Fluid Simulation	Requires Android Software: 4.4 and up	The app is designed to simulate gas, water, and liquids. The user can touch the screen and see a flourish of colors and ripples emerge across the screen. Users can also customize the color palette and how the screen responds to your touch.
FREE+*	Also Available for Apple	

Caretaking and Behavioral Management



Birdhouse for Special Needs	Requires Android Software: 4.1 and up	An organizational and tracking application to assist parents/caregivers keep track of behaviors, nutrition, medical information, therapies, schedules, and interventions all in one place.
FREE	Also Available for Apple	



Chores & Allowance Bot	Requires Android Software: 7.0 and up	An easy way to keep track of your family's allowances, chores, and savings goals. Can create daily, weekly, or monthly allowances for each child.
FREE+*	Also Available for Apple	



Bearable – Symptoms & Mood Tracker	Requires Android Software: 5.0 and up	A tracking tool that allows the user to track symptoms, mood, sleep, exercise, diet, and medication. Colorful, customizable, and easy to use interface. Dark mode available.
FREE+*	Also Available for Apple	



Huddy Health	Requires Android Software: 8.0 and up	A health and wellness app that enables patients or clinicians to track their health and symptoms. Includes a personalized journal, graphs, and resources.
FREE	Also Available for Android	

Apps for Children/Adolescents



Khan Academy Kids	Requires Android Software: 5.0 and up	An app to help teach reading, writing, language, math, social-emotional development, problem solving skills, and motor development. Parents/teachers can set up multiple children's profiles. For individuals up to the 2nd grade learning level.
FREE	Also Available for Apple	



GoNoodle – Kids Videos	Requires Android Software: 5.0 and up	Designed for active screen time, GoNoodle has over 300+ dance videos, yoga exercises, and mindfulness activities for kids. New videos are uploaded every week. The menu is easy to browse and play.
FREE	Also Available for Apple	



Flip-Over FACES	Requires Android Software: 6.0 and up	A fun and versatile app where a child can explore facial expressions. While any student can benefit from this app it is especially designed for students with low-vision and a cognitive level of age 5 or older.
FREE	Also Available for Apple	



Jade Autism	Requires Android Software: 4.1 and up	An app designed for stimulating and developing children with autism and down syndrome. Has association games where the child must find the answers among some categories such as Animals, Colors, Numbers, and Letters.
FREE*	Also Available for Apple	



Breathe, Think, Do with Sesame	Requires Android Software: 4.4 and up	An app to help teach children skills such as problem solving, self-control, planning, and task persistence. Available in English and Spanish.
FREE	Also Available for Apple	

Mental Health and Emotional Wellness

Brain Exercise



Brain Yoga	Requires Android Software: 4.1 and up	An app that aims to train your brain in a relaxing way. Has 11 puzzle game, no timers, and no high scores.
FREE+	Also Available for Apple	



Lumosity	Requires Android Software: 5.0 and up	A brain training app with over 40 mind games to improve cognitive and academic abilities. The app offers workout modes, detailed training insights, and mindfulness training.
FREE+*	Also Available for Apple	



Brain HQ	Requires Android Software: 6.0 and up	A brain training app with exercises focused on cognitive improvement, real-world improvements, and physical brain changes.
FREE+*	Also Available for Apple	



Elevate FREE+*	Requires Android Software: 4.4 and up Also Available for Apple	A brain training app designed to improve focus, speaking abilities, processing skills, memory, math skill and more. The app includes over 35 games, workout calendar, and personalized daily puzzles.
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Mental Health tools



PTSD Coach FREE	Requires Android Software: 4.4 and up Also Available for Apple	This app provides education on PTSD, self-assessments, tools to help manage PTSD, and information regarding professional care.
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Breathe2Relax FREE	Requires Android Software: 4.4 and up Also Available for Apple	A stress management app that provides detailed information on the effects of stress as well as instructions and practice breathing exercises to help reduce stress.
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MindShift CBT FREE	Requires Android Software: 5.0 and up Also Available for Apple	MindShift is a free, scientifically based anxiety tool. The app uses Cognitive Behavioral Therapy (CBT) to help the user learn to relax, be mindful, develop more effective ways of thinking, and use active steps to take charge of anxiety.
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Virtual Hope Box FREE	Requires Android Software: 5.0 and up Also Available for Apple	An app designed to help with coping, relaxation, distraction and positive thinking. User has the ability to save documents they personally find supportive.
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Meditation apps



MyLife Meditation by Stop. Breathe. Think FREE+*	Requires Android Software: 8.0 and up Also Available for Apple	A mindfulness, meditation app to help reduce stress and anxiety. User can log and track progress. Over 40 free guided activities available in different lengths to fit your schedule.
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Smiling Mind	Requires Android Software: 5.0 and up	A mindfulness, meditation app from Australia. Meditation programs available for children, youth, adults, the classroom, the workplace, and for sleep. Can set reminders and follow progress.
FREE	Also Available for Apple	



Calm	Requires Android Software: Varies with device	An app for meditation, sleep, and relaxation. App contains sleep stories, guided meditation, and relaxing music. Can participate in a breathing exercise, programs for kids or a masterclass, and can customize app with different scenes and sounds.
FREE+*	Also Available for Apple	

Brain Injury

Brain Injury



CDC HEADS UP Concussion and Helmet Safety	Requires Android Software: 4.0.3 and up	An app that teaches the user how to spot a possible concussion and what to do if someone has a concussion or serious brain injury. The application also features a 3D helmet fit and teaches about proper helmet safety.
FREE	Also Available for Apple	

For Aphasia



Language Therapy Lite	Requires Android Software: 4.4 and up	A free sample version of Language Therapy designed to be used for individuals with aphasia. Features comprehension, reading, naming, and writing.
FREE	Also Available for Apple	



Dexterity	Requires Android Software: 4.0 and up	An app that uses unique hand and finger activities to build strength, control, and dexterity. Does automatic tracking and reporting that can be emailed directly from the app. Can be used with both children and adults.
FREE	Also Available for Apple	